

## Product information AMINO VIDA

**Amino Vida** is an amino acid complex with all eight essential amino acids plus the semi-essential amino acid arginine.

**Amino Vida** contains nine highly pure, free and crystalline amino acids in an optimal combination for the human body. The amino acids are derived from legumes, are vegan and free from any additives. Amino Vida contains almost no calories and is available to the body after a short time.

**Amino Vida** is produced, controlled and processed in Switzerland.

### Advantages of Amino Vida

Best bioavailability through micronisation and specially processed raw materials.  
Mixtures tested by doctors and highest quality of raw materials without fillers or trickling agents.

Ideal for people with increased needs  
Amino Vida is ideal for people with an increased need for amino acids, for example  
- during sports or other physical strain,  
- for vegetarian or vegan diets,  
- for special dietary feeding programmes,  
- for the supplementary intake of essential amino acids.

### Recommended intake

Take 6- 10 tablets daily, preferably 30 minutes before physical activity.

### Instructions for use

This product is not a substitute for a varied, balanced diet, fresh fruit and vegetables and a healthy lifestyle. Store in a cool, dry place and out of reach of children.

Do not exceed the recommended consumption

### Minimum shelf life

36 months

### Ingredients

1 Tablet contains:

- 92 mg L-Leucin
- 82 mg L-Valin
- 69 mg L-Isoleucin
- 69 mg L-Lysin
- 63 mg L-Phenylalanin
- 56 mg L-Threonin
- 35 mg L-Methionin
- 22 mg L-Arginin
- 15 mg L-Tryptophan

Nutritional values		
Pro:	100 g	16 Pressling (8 g)
Energy	10 kcal / 40 kJ	0.8 kcal / 3.2 kJ
Fat	0 g	0 g
Carbohydrates	0 g	0 g
Fibres	0 g	0 g
Protein	0 g	0 g
Salt	0 g	0 g
L-Leucin	18.75 g	1.5 g
L-Valin	16.25 g	1.3 g
L-Isoleucin	13.75 g	1.1 g
L-Lysin	13.75 g	1.1 g
L-Phenylalanin	12.5 g	1 g
L-Threonin	10 g	0.8 g
L-Methionin	7.5 g	0.6 g
L-Arginin	3.75 g	0.3 g
L-Tryptophan	3 g	0.24 g

### Quantity

Net content 120 g

240 tablets with each 500 mg Amino Acids.

**Pharmacode CH**  
6826014

**PZN DE**  
13913848

**PZN AT**  
4596337

