

Product information ARONIA VIDA

Aronia Vida contains concentrated chokeberry extract from Swiss chokeberries.

Our berries come from Switzerland and are processed in Switzerland. Aronia Vida is a scientifically tested nutritional supplement from Switzerland.

Aronia berries have a remarkable content of OPC (=oligomeric proanthocyanidins) and polyphenols compared with other fruits. Aronia Vida contains natural vitamin C. This helps protect cells from oxidative stress, as well as reduce fatigue and fatigue. Ideal for athletes. Supports regeneration after physical activities.

Protection against oxidative stress

Aronia Vida contains natural vitamin C:

- Vitamin C helps protect cells from oxidative stress,
- contributes to normal functioning of the immune system and nervous system,
- contributes to the reduction of tiredness and fatigue, and
- increases iron absorption.

What are the advantages of Aronia Vida?\$

- Aronia capsules contain a highly concentrated extract of the aronia berry.
- The aronia berry has excellent scientific documentation.
- There are no known intolerances.
- Also ideal for athletes

Recommended intake

Take 2-4 capsules daily with food.

Instructions for use

This product is not a substitute for a varied, balanced diet, fresh fruits and vegetables and a healthy lifestyle. Keep cool, dry and out of reach of children. Do not exceed the recommended intake.

Shelf life minimum

36 months

Ingredients

44% chokeberry extract (from Swiss chokeberry), vegetable capsule (hydroxypropyl methylcellulose), bulking agent (cellulose), anticaking agent (calcium lactate), L-ascorbic acid (vitamin C).

Nutritional values	
Amount per daily dosage	
of 4 capsules (2.4 g)	
Vitamin C	220 mg (275%*)
Protein	0 g
Fat	0 g
Carbohydrates	2 g
Energy value	8 kcal / 32 kJ

^{*} NRV = % of the nutrient reference values

Net quantity

Net content 60 g 100 capsules with 500 mg aronia berry extract each

 Pharmacode CHF
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