

## Productinformation Balance Vida

The ingredients in **Balance Vida** can help you to maintain your inner balance - in addition to a balanced diet, sufficient sleep and exercise and the reduction of personal stress factors.

Balance Vida contributes to normal thyroid function thanks to selenium and to the reduction of tiredness and normal mental function thanks to vitamin B12.

The thyroid gland plays a central role in the hormone system and is crucial for maintaining balance in the body and overall health. It produces thyroid hormones (e.g. thyroxine T4 and triiodothyronine T3), which control energy consumption, growth, heart rate and body temperature, as well as regulating metabolism.

Balance Vida was developed in close cooperation with the sports scientist and regulatory physician Prof Dr Elmar Wienecke and on the basis of his practical experience.

### Advantages of Balance Vida

- Contributes to normal mental function, the functioning of the nervous system and the thyroid gland
- Developed in collaboration with Prof Dr Elmar Wienecke
- Selected raw materials of the highest quality
- Carefully manufactured in a Swiss production facility
- Vegetable capsules made from HPMC
- Vegan

### When is Balance Vida suitable?

A supplement with Balance Vida is particularly useful for

- to maintain normal thyroid function
- to maintain normal mental function
- to reduce tiredness and fatigue
- as a contribution to normal energy metabolism
- for athletes

### Recommended dosage

Take 3 capsules daily

### Instructions for use

This product is not a substitute for a varied, balanced diet, fresh fruit and vegetables and a healthy lifestyle. Store in a cool, dry place and keep out of the reach of children.

Do not exceed the recommended intake.

### Minimum shelf life

36 months

### Ingredients

120 capsules each containing 400 mg phenylalanine, 100 mg tyrosine, 30 mg roseroot, 30 µg selenium and 10 µg vitamin B12

Nutritional values	for 3 capsules	for 1 capsule
pro:		
L-Phenylalanin	1200 mg	400 mg
L-Tyrosin	300 mg	100 mg
Rosenwurzelextrakt	90 mg	30 mg
Selen	90 µg (163% *)	30 µg
Vitamin B12	18 µg (720% *)	6 µg

\* = Nährstoffbezugswerte (NRV)

### Net quantity

Inhalt netto 79 g

120 Kapseln mit je 400 mg Phenylalanin, 100 mg Tyrosin, 30 mg Rosenwurz, 30 µg Selen und 10 µg Vitamin B12

### Pharmacode CH

1110473

### PZN DE

19298640

### PZN AT

5880678

