

Product information KURKUMA VIDA

Kurkuma Vida contains both turmeric powder (full spectrum) and a turmeric extract. All ingredients come from organic cultivation.

When selecting our raw materials, we attach great importance to the highest possible content of curcumin and essential oils.

There is evidence that turmeric is better absorbed when taken with black pepper. In Kurkuma Vida, the right amount of pepper is therefore already mixed in. Turmeric has a strong taste of its own. That is why we encapsulate a perfect blend of turmeric with black pepper and green tea. This also eliminates the need for laborious and time-consuming dosing.

Advantages of Kurkuma Vida

- Turmeric powder (full spectrum) and turmeric extract
- With black pepper and green tea matcha powder
- All ingredients are organically grown

In the blending process, the raw materials are micronized, i.e. they are crushed to a grain size of about 60 microns without being heated. We use only vegi capsule shells, made of vegetable material (HPMC) without gelatin.

Kurkuma Vida contains 72 capsules each with 385 mg organic turmeric (full spectrum), 100 mg organic turmeric (extract), 70 mg organic green tea matcha powder and 50 mg organic black pepper. Each capsule contains 12 mg catechins from organic green tea extract.

Recommended dosage

Take 2-3 capsules daily preferably shortly before the main meals.

Refill packs

We now offer refill packs in the form of 750 ml stand-up pouches (initially only in Switzerland). In this way, the product cans can be reused. The stand-up pouches correspond to 4 cans in terms of content and price. The bags are designed exclusively as refill bags (for 4 refills) and are not suitable for daily opening and resealing for reasons of shelf life!

Directions for use

This product is not a substitute for a varied, balanced diet, fresh fruits and vegetables and a healthy lifestyle. Store in a cool, dry place out of the reach of children. Do not exceed the recommended dosage.

Minimum shelf life

36 months

Ingredients

60% turmeric powder*, hydroxypropyl methyl cellulose (vegetable capsule), 7% turmeric extract*, 10% green tea match powder*, 7% black pepper*. Each capsule contains 70 mg curcumin from turmeric and 12 mg catechins from organic green tea extract.

(* = from certified organic production).

Nutritional values	
Amount per daily dosage of	
3 capsules (2.12 g)	
Catechins	36 mg

No NRV for this product

Net quantity

Can net content 51 g 72 capsules with 435 mg organic turmeric each

Refill pack net content 204g, 288 capsules with 435 mg organic turmeric each

 Pharmacode CH
 PZN DE
 PZN AT

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