Produktinformationen NADH VIDA

NADH Vida contains stabilized NADH and biotin, which contributes to normal energy metabolism.

NADH is a coenzyme involved in the respiratory chain in humans. NADH is found in every plant, animal and human cell. It is a completely natural molecule that we ingest in plant and animal foods in our daily diet.

The abbreviation NADH stands for Nicotinamide Adenine Dinucleotide Hydride. Because this name is almost unpronounceable, NADH is also simply called coenzyme 1. Another name of NADH is biological hydrogen because NADH provides hydrogen in a biologically available form.

Origin of NADH

The NADH in NADH Vida is extracted from brewer's yeast in an industrial process and then stabilized. Our product contains a stabilized and scientifically proven form of NADH from a patented manufacturing process. There are some manufacturers who use the raw material from China. We purchase the raw material for NADH Vida from Roche.

ATP has the function of a small battery. The molecule is constantly "consumed" and rebuilt. Per day we convert approximately as much ATP by weight as our body weighs! The production and storage of energy is a central metabolic process for which various coenzymes are required.

Recommended dosage

Place tablet under the tongue and allow to dissolve. Recommended intake: 1 tablet per day.

Directions for use

This product is not a substitute for a varied, balanced diet, fresh fruits and vegetables and a healthy lifestyle. Store in a cool, dry place out of the reach of children. Do not exceed the recommended intake.

Minimum shelf life

36 months

Ingredients

Sweetener (isomalt), acidity regulator (sodium carbonates), coenzyme NADH, bulking agent (cellulose), glazing agent (polyvinylpyrrolidone), anti-caking agent (magnesium salts of edible fatty acids), D-biotin

Nutritional values	
Amount per daily dosage of	
1 tablet (1 g)	20 mg (40 %)*
NADH	20 µg

* = % of the nutrient reference values (NRV))

Net quantity

Net content 30 g
30 sublingual tablets each containing 20 mg stabilized NADH and 20 µg biotin.

Pharmacode DE	**PZN AT**	**PZN CH**
13750352	4765840	7457412

Egg-free · Fructose-free · No GMO
Gluten-free · Lactose-free · Nut-free
Soy-free · Sorbitol-free · Sugar-free
Vegan · Vegetarian

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