

# **Product information OREGANO VIDA**

**Oregano Vida** contains a variety of high-quality herbal substances in organic quality and supports the immune system with the ingredients zinc and vitamin D3.

**Oregano extract:** The leaves of the oregano plant contain a wide variety of essential oils, tannins and bitter substances. We source our organic quality oregano powder from Europe. The powder is then gently final processed with the extracting agent water into a high quality organic extract.

**Thyme Extract:** We source our thyme from the Mediterranean region. It is grown in organic quality and carefully harvested. The dried powder is concentrated in a gentle process to the extract.

**Barberry extract:** The plants for the barberry powder we use are gently cultivated and concentrated by extraction.

Performance of the ingredients of Oregano Vida Oregano Vida with its combination of the mentioned natural and high quality ingredients, supplemented with vitamin D and zinc, is very suitable for supporting the immune system.

- Zinc and vitamin D contribute to the maintenance of normal functioning of the immune system and protection of cells against oxidative stress.
- Zinc contributes to normal acid-base metabolism, carbohydrate metabolism and macronutrient metabolism.
- Zinc contributes to normal fatty acid metabolism and normal DNA synthesis.
- Zinc contributes to normal vitamin A metabolism and normal protein synthesis.
- Zinc contributes to the maintenance of normal hair, nails, skin and vision.

# Recommended dosage

Daily 2 capsules

#### **Directions for use**

This product is not a substitute for a varied, balanced diet, fresh fruits and vegetables and a healthy lifestyle. Store in a cool, dry place out of the reach of small children. Do not exceed the recommended dosage.

## Minimum shelf life

36 months

## Ingredients

46% extract of organic oregano, 31% extract of organic thyme, vegetable capsule shell (hydroxypropylmethylcellulose), 7% extract of berberis ristata, zinc gluconate, cholecalciferol (vitamin D3).

Nutritional values	
Amount per daily dosage of	
2 capsules (1.43 g)	
Vitamin D	20 μg (400 %)*
Zinc	10 mg (100 %)*

<sup>\* = %</sup> of the nutrient reference values (NRV)

#### Net quantity

Net content 43 g 60 capsules each with 600 mg herbal mix each

**Pharmacode CH PZN DE PZN AT** 7748561 16147260 5208366



