

## Product information POLLEN VIDA

**Pollen Vida** contains pollen, in which a number of ingredients are preserved, including traces of vitamins, minerals, trace elements, essential amino and fatty acids, enzymes and phytochemicals such as polyphenols and special flavanols.

**Pollen Vida** is rich in natural vitamin C from the acerola cherry.

- Vitamin C contributes to the reduction of tiredness and fatigue,
- contributes to normal functioning of the immune system and nervous system and
- increases iron absorption.

Thanks to the broken down pollen shell, the body's digestive system can naturally absorb the ingredients much more easily.

### Advantages of Pollen Vida

- High bioavailability thanks to broken down pollen coat
- Destroyed pollen coat: No allergies
- Harvesting with vacuum cleaners: Only the desired species from controlled cultivation are harvested

The pollen all comes from Sweden. We purchase the pollen as raw material and process and encapsulate it in Switzerland.

In the mixing process, the raw materials are **micronized**, i.e. they are crushed to a particle size of about 60 microns without being heated.

### Recommended dosage

Take 3 capsules daily with some liquid.

### Note

Pollen Vida may contain traces of allergens from pollen.

### Directions for use

This product is not a substitute for a varied, balanced diet, fresh fruits and vegetables and a healthy lifestyle. Store in a cool, dry place out of the reach of children. Do not exceed the recommended dosage.

### Minimum shelf life

36 months

### Ingredients

67% broken down flower pollen (of which 25% maltodextrin as carrier), vegetable capsule shell (hydroxypropylmethylcellulose), 12% acerola extract

Nutritional values		
Amount per daily dosage of 3 capsules (1.46 g)		
Acerola extract	180 mg	
thereof vitamin C	45 mg	(56% *)

\* = % of the nutrient reference values (NRV)

### Net quantity

Net content 44 g

90 capsules with 333 mg flower pollen extract and 60 mg acerola powder each

**Pharmacode CH**  
6744842

**PZN DE**  
11655106

**PZN AT**  
4596484

