

## Product information Q10 VIDA

**Q10 Vida** contains the coenzyme Q10 from naturally biofermentative production for more energy.

No Q10 = no energy: Coenzyme Q10 has an important physiological function in the respiratory chain of humans. Approximately up to midlife, the human body can produce sufficient Q10 itself. However, as we age, the likelihood increases that the body's own synthesis of coenzyme Q10 will decline and the Q10 level in the blood and organs will drop.

**Q10** is classically offered in dry form such as tablets or encapsulated powder. To increase the absorption in the intestine, we process the coenzyme Q10 in liposomal form. The liposomal basis here is soy lecithin. In a special ultrasound process, the Q10 molecules are packed into a liposomal structure.

**Q10 Vida** contains only coenzyme Q10 and soy lecithin. It does not contain a single additive or adjuvant. The capsule shell is made of HPMC and is therefore entirely of plant origin.

### Advantages of Q10 Vida

- 50 mg coenzyme Q10 per capsule
- Natural Q10 from biofermentative production of brewer's yeast
- Contains no additives or adjuvants
- Vegetable vegi capsule made from HPMC
- Vegan product
- Better absorption due to liposomal form

Q10 Vida is bottled in Switzerland.

### Recommended dosage

Take 2-4 capsule per day unchewed with someliquid.

### Directions for use

This product is not a substitute for a varied, balanced diet, fresh fruits and vegetables and a healthy lifestyle. Store in a cool, dry place out of the reach of children. Do not exceed the recommended dosage.

### Shelf life

36 months

### Ingredients

Soy lecithin, coenzyme Q10, vegetable capsule shell (hydroxypropyl methylcellulose) does not contain any auxiliary substances or additives.

### Net quantity

Net content 55 g

90 vegan capsules with 50 mg coenzyme Q10

**Pharmacode CH**  
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**PZN DE**  
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**PZN AT**  
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