

## Product information VITAMIN D3 BABY

**Vitamin D3 Baby** contains vegetarian vitamin D3 (cholecalciferol) and medium-chain triglycerides (MCT) from coconut oil of the highest quality. Because it does not contain alcohol, it is also suitable for infants and children.

### Functions of Vitamin D3 Baby:

- Vitamin D is needed for healthy growth and development of bones in children.
- Vitamin D contributes to normal immune system function.
- Vitamin D contributes to the maintenance of normal bones, normal muscle function and normal teeth.
- Vitamin D contributes to normal blood calcium levels.
- Vitamin D contributes to normal absorption and utilization of calcium and phosphorus.
- Vitamin D has a function in cell division.

### 400 IU vitamin D for babies

The Federal Office of Public Health sees an additional need for vitamin D3 in infants and children up to the age of 3. In the 1st year of life a requirement of 400 IU per day is assumed, in the 2nd and 3rd year of life then 600 IU per day. Thus, in this pronounced growth phase, in which good sun protection is also important and recommended, an adequate supply of vitamin D should be ensured through the diet.

\* Federal Commission for Nutrition. Vitamin D deficiency: Evidence, safety, and recommendations for the Swiss Population. Expert report of the FCN. Zurich: Federal Office for Public Health, 2012.

### Intake recommendation

For infants 3 months and older and toddlers: administer 1 drop of Vitamin D3 Baby daily.

### Note

Shake well before use!

### Directions for use

This product is not a substitute for a varied, balanced diet, fresh fruits and vegetables and a healthy lifestyle. Store in a cool, dry place out of the reach of small children. Do not exceed recommended dosage.

Vitamin D3 Baby should only be used under medical supervision.

### Minimum shelf life

36 months

### Ingredients

Medium chain triglycerides from coconut oil 91% (Southeast Asia), cholecalciferol (vitamin D3), antioxidant: alpha-tocopherol.

### Nutritional values

Amount per daily dosage of 1 drop

Vitamin D	10 µg (200 %)*
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\* = % of the nutrient reference values (NRV)

### Net quantity

Net content 30 ml

One bottle of Vitamin D3 Baby contains 10'200 µg (=408'000 IU) of vitamin D3 and corresponds to approx. 1020 drops. One drop contains 10 µg (=400 IU) of vitamin D3.

The bottle is made of special Miron Violet glass, which ensures the quality of the content and protects it from light.

**Pharmacode CH**  
7767005

**PZN DE**  
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**PZN AT**  
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